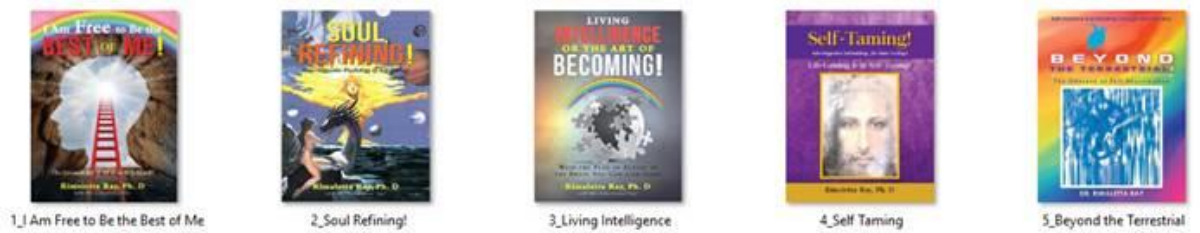


The Overview of five books on Self-Resurrection by Dr. Rimaletta Ray



Self-Growth is Multi-Dimensional!

The Holistic Levels of Self-Resurrection: / Stages: / Books, featuring these stages:

5. Universal	- Super-Consciousness.		Self-Salvation	“Beyond the Terrestrial!”
4. Spiritual	- Self-Consciousness		Self-Realization	“Self-Taming!”
3. Mental	- Mind		Self-Installation	“Living Intelligence or...”
2. Emotional	- Spirit		Self-Monitoring	“Soul-Refining!”
1. Physical	- Body		Self-Awareness	“I Am Free to Be the Best...”

The Path of Self-Resurrection and forming a Fractal of Your Spiritual Maturation: (Body+ Spirit+ Mind) + (Self-Consciousness + Universal Consciousness)

The five books by Dr. Rimaletta Ray, presented consequentially above, are featuring the holistic system of *Self-Resurrection* in five philosophical dimensions - *physical, emotional, mental, spiritual, and universal*. Dr. Ray posits the importance for young generation to accomplish the vital task of *self-refining and self-taming* in the fast paced, digitally charging world with the help of *the Inspirational Auto-Suggestive Psychology for Self-Ecology*.

As a concerned educator, Dr. Ray tries to create the **MANUEL OF LIFE** in five stages of self-growth, essential for the young people, suffocating without a clear-cut blueprint of self-creation. These stages are - **Self-Awareness**, (*physical level*); **Self-Monitoring** (*emotional level*); **Self-Installation** (*mental level*); **Self-Realization** (*spiritual level*), and **Self-Salvation** (*universal level*).

1) The first book, **“I’m Free to Be the Best of Me!”** ascertains the main guidelines on the path of gaining a solid **SELF-AWARENESS** at the initial, physical level of self-creation.

Self- Induction: In my Life-Quest, I’m the Best!

2) The second book **“Soul-Refining!”** helps a reader become more skillful in emotional maintenance and the Emotional Diplomacy skills. It inspires a reader to perform **SELF-MONITORING** consciously and consistently to instill the vital *mind + heart unity* that could work in sync with the Universal Intelligence that we all call God.

Self- Induction: Make your heart smart t and the mind kind! Be One of a Kind!

3) The mental level is the central one in the holistic paradigm, and it is featured in the third t book - **“Living Intelligence or the Art of Becoming!”** Putting the mental framework in shape and enriching it in ten most essential vistas of intelligence, a reader will back up considerably

his / her professional **SELF-INSTALLATION** in life. and get better prepared for the demands of the present-day world. competition.

*Self-Induction: **The Greatest Art of all is to Self-Install!***

4) Next, a reader is invited to round off the process of never-ending spiritual maturation , working with the book **“Self-Taming!”** The book will help readers go beyond the religious limitations and use their growing self-consciousness as the path to full **SELF-REALIZATION** in life.

*Self-Induction: **Life-Gaining is in Self-Taming!***

5) Finally, a reader can use the acquired wisdom in the fifth book“ **Beyond the Terrestrial,**” featuring the universal plane of life. Focusing integrally on each level of **SELF-SALVATION** in the technologically backed-up environment, a reader will be able **to ascertain his / her exceptional**ity that shapes everyone’s unique dream of Self Realization in life.

*Self-Induction: **“Go beyond, fully, beyond, completely beyond!”***

In sum, Dr. Ray is certain that the process of Self-Creation must be inspirationally backed up and holistically geared by **the systemic, clear-cut plan of action** at hand, helping a young person form solid **Life Skills** with the help of the rhyming inspirational boosters and mindsets that illustrate the main concepts of all five books and that can be uploaded to a smart phone as an up-lifting **SELF-HELP THERAPY** at the moment of need.

The author proves that a person’s Self-Creation is soaring t present because we live on the subconscious automatic drive and because our **hearts and minds are in disconnection.** at present. Thus, Dr. Ray is calling on us to form a holistic fractal of an intellectually spiritualized human being –

Body+ Spirit+ Mind + Self-Consciousness+ Universal Consciousness = A Complete Individual - The Whole Self!

Coupled with new knowledge, the readers will be able to channel their self-growth in **five main levels holistically** in a very informative, yet simple manner that would be useful for anybody interested in obtaining professional **Self-Installation** and a complete **Self-Realization** in life.

To conclude, the books make up together a systematized **MATRIX** of **PERSONALITY DEVELOPMENT** that can be studied subsequently or randomly, dictated by the readers’ needs. The readers will embrace the importance of an insatiable desire for knowledge, self-education, and full self-realization By achieving **a holistic body + mind balance** with a strong spirit connecting them, the readers of the books will **raise their self-consciousness** and develop the evolutionary ability to be in touch with the Super-Consciousness or the Master Mind and thus, go with the flow of our exponentially developing technological times.



2) The books were republished by **Book Whip , Sep. 2019**

3) **Dr. Rimaletta Ray**, originally from Riga, Latvia, is a scholar, a college professor of Psycholinguistics who had won her doctorate in the Brain Institute at the Academy of Sciences in Moscow. Dr. Ray has been working in different universities and colleges of the USA for more than 25 years, promoting her students' intelligence and inspirational self-growth. She is the founder of the *Inspirational Psychology for Self-Ecology*, the author of 16 published books on Self-Creation , and the winner of *the Global Book Excellence Award, 2020*.

See the video on these five books below.